

# Headlight



Written by the students of Marblehead High School for our school and community

2016-2017 Issue

www.mhsheadlight.weebly.com

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## Music is in the Spring Air

Kristy Twaalfhoven, Sophomore  
Reporter in the Field

The Marblehead/Salem School of Music's annual Spring Showcase took to the stage this past Sunday afternoon. As always, the auditorium on the second floor of Abbot Hall proved to be the perfect setting for the event, which featured 22 songs performed by students. At the School of Music, the term "student" covers a wide range of people, from 6-year-olds jamming out on a keyboard to high-schoolers who have played multiple instruments since birth, and even 70-year-olds who decided it's never too late to pick up a saxophone. Regardless of age, everyone at the showcase shared one thing in common: a love for music. Though no performance is flawless, audiences and players alike can't help but tap their feet and sing along.

A variety of songs allows for everyone in the crowd to hear their favorite hits. The setlist features a fair amount of recent hits by artists like Alicia Keys and the Lumineers; to balance that out, directors also chose an abundance of classics by artists like Bob Marley and the Beatles. A wide assortment of instruments were used to fit with the different genres. The musicians were not afraid to stray from the original and "change it up;" for example, a string quartet of six violins and one viola accompanied a pianist, vocalist, and guitarist on "Hey There Delilah" by the Plain White T's, giving the song a completely different feel from the original version.

Teachers at the school pick songs and create temporary bands of students to perform them. Additionally, the school is home to several permanent bands, which meet once per week outside of individual lessons and work to develop a unique character with guidance from a teacher at the school. These bands often find gigs outside of the school's shows, hoping to make a name for themselves.

Whether you're looking to improve upon past musical experience or you want to try something completely new, the Marblehead/Salem School of Music is the place to go. The talented teachers, combined with the school's enthusiasm for all types of music, creates the perfect atmosphere to explore your musical abilities. To get a taste of the school's sound and style, check out our performances for the Marblehead Festival of Arts at Crocker Park on July 4th at 11:00 a.m.

## Perspective of a Food Fanatic

Alix Livermore, Sophomore  
Reporter in the Field

Like most people I know, food plays a central role in my day-to-day life. Whether I'm searching for a tasty snack to munch on while doing homework, or preparing a full meal for friends and family, I've found that food is on my mind a lot. With the plethora of sweet, savory, warm, and cold foods that line the shelves of the grocery store and are served to you in a restaurant, the possibilities for new dishes are endless. For the blossoming foodie or anyone looking for a new spot to try, I have compiled a list of my favorite places to grab a bite to eat.

1. Boloco: To me, this restaurant is special for one thing: the New England Harvest. This dish is an amazing blend of beets, goat cheese, and dark greens (and steak if you ask for it). In fact, I finished eating this just minutes before writing this article, which makes me that much more willing to advocate for it. The nearest Boloco is located in the Lynnfield Mall.

2. Whole Foods: Not only does Whole Foods have a buffet-style set up, but at its location in the Lynnfield Mall, the store has a delicious smoothie bar. I recommend ordering a large Farmer's Garden smoothie; once you take your first sip, you're going to want to drink as much of this fruity blend as possible.

3. Life Alive: This Salem staple is known for its flavorful vegan options, including my favorite, The Goddess bowl. This seemingly boring meal of kale, carrots, beets, and legumes is topped off with a heavenly garlic sauce which not only ties together all the vegetable flavors, but also adds a completely unexpected undertone of spice to the dish.

4. Pho Paris: Set in a secluded location just off of Route 1, this Vietnamese restaurant has a multitude of different meals to choose from, which are not only tasty but are prepared with impressive speed! I personally recommend the fried egg rolls and chicken pho, which are different dishes but go nicely together for anyone with a big appetite.

5. Kushco: This little restaurant is already renowned among Marblehead students; however, for anyone who has not yet visited this food joint, I urge you to blend your own frozen yogurt. You can choose a chocolate, vanilla, or tofu yogurt base, then blend in any topping you like from their extensive list of options. I usually go for a vanilla base with brownie and cookie dough, a combination so delicious I once ate two in one day.

Next time you're looking for a new place to try, refer back to this list and try one of my favorites or find one of your own. Remember, these are only five of my favorite places to eat, but the region we live in offers an unimaginable range of textures and flavors, so get out there and try something new!

## MHS Outdoor Classroom

Lilly Tapper, Junior  
Reporter in the Field

Marblehead High School's outdoor classroom is now open for students and teachers!

With the help of the PTO, Mr. Bauer, and Techevolution, the outdoor classroom is ready to be used. The PTO donated money for six picnic tables and covers; Mr. Bauer contributed a whiteboard; and Techevolution supplied materials to stain the tables. The Outdoor Classroom Club took these gracious contributions and put the classroom together.

As president of the club, I am currently creating a plan to clean up the courtyard. This cleanup would not only benefit the outdoor classroom environment, but also beautify the school grounds. I also plan to add perennial plants which will come up year after year.

I hope that students and teachers will utilize the space as much as possible. There are so many benefits that come with being outside, and as the weather gets nicer I hope that teachers will bring their classes outside to take advantage of these benefits.

Below is a picture of the outdoor classroom, taken while the club was staining the tables. The whiteboard, not shown in the photo, is taken outside only when a class is using the space. The classroom is located in the high school's courtyard, which is an outdoor area behind MHS, between the Math wing and the Art wing.



## Quote of the Week

*"Education is the most powerful weapon which you can use to change the world."*

-Nelson Mandela

Love to write? Join Headlight!  
Headlight is the school newspaper,  
published weekly in the  
Marblehead Reporter. Meetings  
take place very Monday at 2:30  
in Room A303.

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